



intermountain *Residential*

Hope + Healing for Children + Families



OUR MISSION:

Healing Through Healthy Relationships

OUR STUDENTS:

Intermountain excels at changing the lives of children with intense therapeutic needs. Candidates for success in our program are children whose challenges may include:

- attachment and relationship disruptions
- developmental trauma
- grief and loss
- poor social skills and/or lack of friendships
- family conflict
- low self-esteem or poor self-confidence
- emotional dysregulation
- mild aggression
- inappropriate boundaries
- symptoms of ADHD
- depression and anxiety
- academic difficulties
- up to date on vaccinations
- and an IQ >85

Ages: 4-13 on admission

Gender: All genders

Length of Stay: 12-18 months

Approach: Developmental Relational

Location: Helena, Montana

ADMISSIONS CONTACT:

Jill Richards, *Admissions and Outreach Director*
406-457-4778 | jillr@intermountain.org
www.intermountainresidential.org

OUR CAMPUS:

Located on 40 acres in a residential area in the Capital City of Helena, our campus consists of three houses, each with eight children, all genders, and an intentional mix of ages. Each child has their own bedroom – No Roommates. Each house has a team of 12 staff including a therapist, whose office is in the house.

OUR APPROACH:

Intermountain treats children and families, not diagnoses. We believe children long to feel understood, connected, and loved, but may go about expressing their needs in maladaptive ways that are confusing and distancing to others.

At Intermountain, our Developmental Relational Approach is our unifying approach to treatment. We use a developmental lens to view both the problem and solution to a child's behavioral challenges and intentionally connected relationships to help children and families heal.

We work to improve a child's understanding of themselves and encourage them to appropriately express their feelings rather than resorting to behaviors. Our approach emphasizes family system work to maximize sustainable change.

OUR ACADEMICS:

In addition to an intensive therapeutic environment, we provide comprehensive and individualized academic services that are designed to help improve academic self-esteem and get back on-track to be successful at home and in school.

For many children who come to Intermountain, school has not been a rewarding experience, socially or academically. Intermountain School offers students a comfortable, fun, and stimulating environment in which to learn.

Each classroom is staffed by a certified teacher experienced in supporting students with emotional difficulties, and two trained education mental health support staff.